

# Lifestyle Evangelism is . . .

## . . . The Lord's Supper.

As noted before, the Lord uses the means of grace, namely, the Word of God (the Bible), and the Sacraments (Holy Baptism and the Lord's Supper), to come to us. It is through these means that our Lord comes to us to give us His good gifts and blessings (faith, forgiveness, life and salvation). This week we concentrate on the Lord's Supper.

Another big part of our lives is the Lord's Supper. The Lord's Supper is that meal wherein our Lord invites us to come to His table to partake of His body and blood, in, with and under the bread and wine and through which we remember, that is, participate, in His death and resurrection. As we partake of the Lord's body and blood in the Lord's Supper, we participate in His death. His death, that is His eternal death, becomes our death. He died the eternal death penalty, paying the price, the cost, the wages of our sins. We participate first in His death and second in His resurrection. His rising from the dead becomes our rising from the dead. As He rose to new life, we know that we too will rise to new life, even eternal life. And His life becomes our life. We have life, life more abundantly in this world and life in the world to come, known as eternal life in heaven with Him. We also are given strength to face the world as we live in it but are not of it.

Because the Lord's Supper is very important, we demonstrate that fact in our lives of *Lifestyle Evangelism*. We demonstrate the importance of the Lord's Supper through a proper understanding of the importance of the Supper and its sanctity, respecting it as *His* Supper and partaking of it as He has given it and as the Word of institution say. We demonstrate the importance of the Lord's Supper through our proper preparation as we approach His Supper, examining ourselves and approaching in faith and partaking only with those who believe in Christ as we do (thus it is called *Communion* - being on with God and our fellow believers).

What a great witness we can make to others as we give due respect to our Lord's Supper by partaking often and explaining its importance to our faith and hope in Christ Jesus.